



**FEEDBACK FORM**

**NAME/SURNAME:** .....

**DOB:** .....

**COURSE TITLE:** THERAPEUTIC ART GROUP SESSION

**COMPANY:** .....

**DEPARTMENT:** .....

**SESSION DATE(S):** .....

Thank you for attending tonight’s session aimed to help improve self-esteem and enhance empowerment in the comfort of your home and in a safe space. This was available to those interested in exploring alternative forms of self-help to break down barriers preventing success on a personal or professional level.

Please answer the following questions (circle or highlight your answer):

1. Did you find the sessions helpful?    Yes            A Little            No
2. If yes or a little, how in particular? .....
- .....
3. Have you engaged in any Therapeutic Art in the past?    Yes            No
4. Would you consider taking part in another group session again in the future? Yes/No
5. How would you rate the facilitator?    Excellent            Good            Poor
6. Why in particular have you chosen your answer above? .....
- .....

7. Which area(s) of the session(s) did you enjoy the most? .....
- .....
8. What would you like to see more of? .....
- .....
9. What would you like to see less of? .....
- .....
10. Are you happy for me to share your comments (plus name & company) on this feedback form for promotion purposes?    Yes        No
11. Would you be interested in 1-2-1 and/or Therapeutic Art Sessions?    Yes        No

***Thank you for taking the time to complete this feedback form!***  
It was a pleasure meeting you all and hearing your stories...



**Yeşim Guner is a Chartered Occupational Psychologist** (registered by the Health and Care Professions Council), an Associate Fellow of the British Psychological Society and a co-author of a book titled 'Young People, Employment & Work Psychology: Solutions and Interventions'. She has 16+ years of experience in the field ranging from working at a London Local Authority, a private consultancy and as a freelance practitioner.

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or 07921 610 251 for further details.

Do not hesitate to get in contact for a free confidential telephone consultation!

You can find me on LinkedIn under Yeşim Guner and on INSTAGRAM [@navigateyourmind](#) (public account) and [@therapeutic\\_artwithyesim](#) (members only account) and FACEBOOK [@therapeuticartuk](#) for regular support, inspiration, motivation and SMART targets to ensure you remain on route to achieving your goals.

Website: [www.navigateyourmind.co.uk](http://www.navigateyourmind.co.uk)  
is currently under construction and will be completed shortly!

"Slow down and enjoy life.  
It is not only the scenery you miss going too fast -  
you also miss the sense of where you are going and why".  
**Eddie Cantor (1892 - 1964)**